Issue 24 June 24 - 30, 2024



A Weekly Update For The Employees of North Central Health Care



# **NEWS YOU CAN USE**



### WEEKLY CONNECTION WITH GARY OLSEN

During the last Employee Updates, I mentioned that NCHC is going to be completing a wage and benefit compensation study. This project has been a priority for our organization, and we are officially kicking off the study this month!

Carlson Dettmann Consulting understands organizations like ours and will assist us with this study. We anticipate this project to be concluded by the end of 2024.

#### How will this work?

• We will be asking for support from some employees to ensure job position documentation is up-todate and accurate. Because we have multiple employees in the same position, not all employees will need to participate in this step. Next, managers will be assisting in the overall review of updated job documentation and senior leaders will meet with the consultants to discuss their organizations in more detail. Our goal is to ensure our compensation system is balanced from an internal alignment perspective and provides competitive wages for our employees.

#### Here are some things you will want to know:

- No one will receive a reduction in pay due to this project.
- If we find that any positions' compensation is significantly higher than the market study, we may freeze pay.
- We are not anticipating significant compensation changes from this study.
- We may find that some positions are appropriately paid, and no additional compensation changes are needed.
- Some positions may need small adjustments to be more aligned.
- This is not a study about whether we have the right number of staff, it is about evaluating the level of our wages and benefits to be a competitive employer.

One of our Core Values is Continuous Improvement. By completing this compensation study, NCHC will be looking at how we can improve our payment structure for our employees. We are always looking at ways to continuously improve how we do things within the organization. Because our employees are our most important asset, we want to be sure our positions are paid in accordance with the

The consultants have provided a video link that can be viewed on-demand by all employees. The video provides a project overview of the work that is anticipated to be completed through this compensation project.

https://bit.ly/CompStudyNCHC

**Watch the Informational Video** 

Cyber Security Alert .. 2

July 4 Closures......3

**Blood Pressure Management Program** for Employees.....4

MVCC Car Show ...... 5

Fair Volunteering ...... 6

**Employee** 

Recognition.....



# **Crisis Services**

Always has great collaboration when working with mutual clients.

**Shared By:** Kristin King, RN



Gary Olsen **Executive Director** 

Dany D. Olser

**Occurrence Reporting Hotline x4488** or **715.848.4488** 



Only significant or sentinel events requiring immediate notification to this hotline.







#### CYBER SECURITY ALERT Phishing Email Alert | June 24, 2024

A phishing email has been reported and is circulating throughout the NCHC, Marathon County, and City of Wausau emails. The email in question looks like this (below) and the sender is requesting the user to click a service ticket to "view details" regarding a timesheet entry. This is a phishing email. Do not click on the link.



#### If you received this email:

Delete the email from your inbox immediately.

#### If you clicked on the link in the email:

If you clicked on the "View Details" link or replied to the email, contact x6710 or 715.261.6710, or email the Help Desk immediately so your account can be verified and secured.

Our Security Team has been notified and is currently looking into removing the emails from our system. Thank you for your vigilance and for keeping our network safe.





Trainings Have Been Assigned

Log in to UKG Pro Learning and complete the following courses:

- **Compliance and Code of Conduct – 2024** (45 minutes)
- Complete any outstanding assignments









After promotional time frame expires, remaining balances will migrate to the standard APR applicable on your account. Contact credit union for complete details.

APR = Annual Percentage Rate. All loans are subject to MCECU'S normal credit requirements.

#### Apply Online @ www.mcecu.org

Don't already have a MCECU Credit Card? Contact Us to Apply! culoans@co.marathon.wi.us 715-261-7680
400 East Thomas Street • Wausau, WI 54403

Proudly Serving NCHC Employees and Their Family Members Since 1965.





### NCHC COURIER CHANGE DUE TO JULY 4TH HOLIDAY

During the week of July 4th, the NCHC Courier will be operating on Friday, July 5. Please plan ahead for this date change. NCHC Offices will be closed on Thursday, July 4.



#### **EAP WEBSITE ADDRESS**

Our EAP has shared that they will slowly be changing over to a new website address which will be www.ascensioneap.org. It will be the same website, just an updated address. The address www.ascensionwieap.org will still be accessible and direct you to the same site.

As they make this transition, you may see some promotional materials with either address. We've been assured the website glitches are now resolved and that you can reach them either way! Please feel free to reach out to schedule an appointment or find out more about your EAP benefit.

# North Central Health Care and Aspirus Women's Health have teamed up to offer your annual mammogram right onsite!

July 18, 2024-schedule no later than 7/3/24

November 6, 2024-schedule no later than 10/23/24





# 3D mammography is available and covered by North Central Health Care's Health plan benefits.

• Note: You will need 3D CPT codes: screening mammogram 77067 and 77063

For an appointment scheduling call 715-843-1256. Tell them you want a **North Central Health Care Mobile Mammo unit** appointment. An order from your health care provider is not needed.

#### You will be asked to provide:

- The name of your physician or nurse practitioner to receive results
- · Insurance information
- · The location(s) of your prior mammograms



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# DO YOU STRUGGLE WITH HIGH BLOOD PRESSURE?

# **ABOUT US**

Tria Health's® Blood Pressure Management program will help individuals with high blood pressure effectively reduce complications. Our goal is to make sure patients with high blood pressure can live happy and active lives and reduce the risk of serious health complications.







# TREND TRACKING

Your blood pressure readings will be automatically imported into your patient portal dashboard. Your dashboard will provide both you and your Tria pharmacist an easy way to identify trends and improve your health.

# HIGH/LOW ALERTS

You have the option of opting into Tria Health Alerts, where you'll receive a notification if your blood pressure test results in a critical high or low reading. Your pharmacist will outreach if they identify any concerning trends.

# **EXPERT SUPPORT**

Not only will you have access to a Tria Health pharmacist, you can easily share your blood pressure data directly with your physician(s) via your patient portal dashboard.

CALL US TODAY! 913.322.8456

WWW.TRIAHEALTH.COM



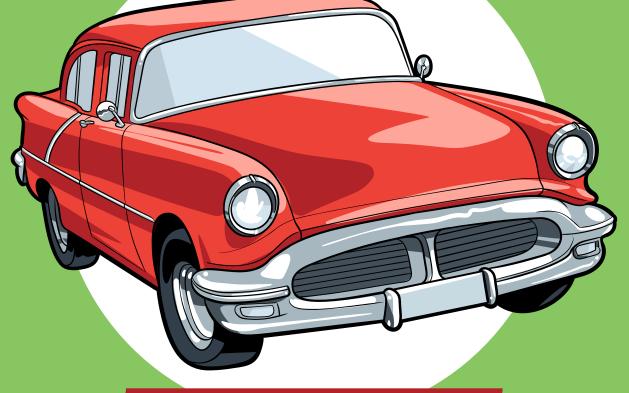
Employees Are Welcome

to Attend or Show Off Your Ride in the Show!





Mount View Care Center



July 15, 2024

2-3:30 PM | Mount View Lot B

Mount View Care Center will be hosting it's annual Car Show again this year at the Mount View Care Center parking lot at 2400 Marshall Street, Lot B. Antique autos will arrive between 1:30 pm and 2:00 pm and residents, friends, family, employees and the public can check out the show from 2:00 - 3:30 pm. Employees interested in showing a car in the show can park in the blocked off are of Lot B anytime that Monday. Please let Rachel Riehle in Life Enrichment know you will be showing a vehicle by contacting her at rriehle@norcen.org or x4354.





# Volunteers Wanted!



Food, Fun, Friends...What More Can You Ask For?



### **Volunteers Wanted** for the Wisconsin Valley Fair in Wausau!

Mount View Care Center will be taking residents to the Fair in August and Volunteer Services is looking for volunteers to assist residents at the outings.

Volunteers will provide our residents with an opportunity to enjoy a wonderful community event. It would be a one-on-one experience where volunteers will push residents in their wheelchairs around the fairgrounds taking in the sights, sounds, and smells. We would provide the transportation to and from the facility.

A \$5 meal stipend will be provided. You can bring additional funds for extras, if you wish.

If you know of anyone that is looking for volunteer hours or a teen or adult group that likes to participate in community service projects, please share this need with them.

This is an event our residents look forward to and we cannot do it without the assistance of

- All volunteers must be 13 years of age or older and be able to push a wheelchair.
- You do not have to be a current volunteer. You will just have to sign a confidentiality agreement.
- Each volunteer will receive a ticket into the fair that can be used again later that day.

# **Mount View Care Center Fair Outing Volunteering**

Wednesday, July 31 • Thursday, August 1 • Friday, August 2

# Interested In Helping With This Fun Activity?

Please contact the Volunteer Office at 715.848.4450 or volunteer@norcen.org. Thank you!



The following employees were nominated in the last Quarter of 2023 for their outstanding demonstration of our NCHC Core Values and Person-Centered Service. Congrats to the following individuals and teams for their achievements.



### **OUTSTANDING LEADERSHIP AWARD** Peyton Stefan, Manager of HIM

Congratulations to Peyton Stefan, Manager of HIM, recipient of the Outstanding Leadership Award for this quarter.

#### Peyton was recognized for:

- Identifying improvement opportunities for inpatient professional coding
- For identifying, researching, and implementing improvement strategies transitioning from time-based documentation to patient complexity methodology.
- For her integrity, accountability, performance improvement, and collaboration.

Peyton was nominated by Sarah Rothmeyer and Tom Onan.



# OUTSTANDING PERSON-CENTERED SERVICE Jennifer Meddaugh, Mental Health Therapist

Congratulations to Jennifer Meddaugh, Mental Health Therapist in Adult Behavioral Health Hospital, recipient of the Outstanding Person-Centered Service Award for this quarter.

#### Jennifer was recognized for:

- Consistently providing excellent standard of care in therapy groups.
- Commitment to integrity and teamwork.
- Her energy, kindness, and passion for high-quality work.
- Positive influence on those around her as well as her expertise.

Jennifer was nominated by Rebekah Strege, Tracie Robinson, and Chelsea Jenness in the Youth Hospital.













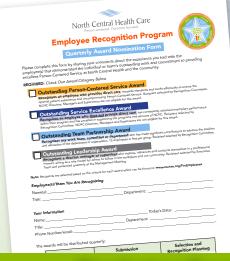
Congratulations to the Transportation & Purchasing Team, recipient of the Outstanding Team Partnership Award for this quarter.

#### This collaborative team was recognized for:

- Assisting with the closure of the ADS building in Wausau, these staff worked seamlessly together to load items to transfer to different locations, clear garbage into dumpsters, and were so supportive through it all.
- They worked hard without on-site supervision of ADS Antigo Manager so Antigo staff could continue to support daily operations.
- Their supportive teamwork and positive attitudes helped make a large job seem small.

The following Team members were included in the nomination for their efforts above: Jenny McKenzie, Chad Adams, Devin Klobucnik, Jill Nelson, Christopher Geurink

The Transportation & Purchasing Team was nominated by Jessica Pyke.



Share your experience with a coworker or team that demonstrated the outstanding work and commitment to providing excellent Person-Centered Service at North Central Health and the community.

## Recognition is Awarded Quarterly for:

- Outstanding Person-Centered Service
- Outstanding Service Excellence
- Team Partnership
- Outstanding Leadership

Deadline for This Quarter's

Nominate a Coworker or Team today! www.norcen.org/Recognition







# <u>WHAT'S FOR LUNCH?</u>

**OPEN TO ALL NCHC & WAUSAU CAMPUS EMPLOYEES** 

**BREAKFAST HOURS** 8:30 AM - 10:30 AM

**LUNCH HOURS** MONDAY - FRIDAY 10:30 AM - 1:30 PM HOT FOOD BAR & SALADS \$.45/OUNCE (Weekdays Only)

**GRAB-N-GO HOURS** MONDAY - FRIDAY 8:30 AM - 5:30 PM

**WEEKENDS:** 

**GRAB-N-GO ONLY** 

Make your own cold or hot sandwich with fixins' OR self-serve at the salad bar.

## JUNE 24 – 28, 2024

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
	Baked Chicken Drumstick Mashed Potatoes/Gravy Parslied Carrots	Chicken Pasta Alfredo Beets Bread Stick	Smoked Pork Loin Bbq Sauce Baked Sweet Potato Buttered Peas	Ranch Meatloaf Garlic Pasta Zucchini & Tomatoes	Battered Rock Fish Tartar Sauce Country Style Fried Potatoes Creamy Coleslaw
	Vegetable Chowder Soup	Potato Soup	Minestrone Soup	Beef Vegetable Soup	Split Pea Soup
	Baked Potato Bar	Egg Rolls	Chicken Bacon Flatbread Pizza	Baked Turkey Berry Wrap	Taco Bar
DESSERT	Mandarin Oranges	Chocolate Peanut Butter Bar	Fruit Crisp	Monster Cookie	Blueberry Delight

# JULY 1 - 5, 2024

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Beef Stroganoff Noodles Broccoli	Spaghetti and Meatsauce Green Beans Garlic Toast	Beef Liver with Onions Mashed Potatoes & Gravy Corn	Café Closed	Meatballs with Gravy Mashed Potatoes Mixed Veggies
SOUP	Cream of Broccoli Soup	Cream of Potato Soup	Chicken Vegetable Soup	due to July 4th Holiday	Stuffed Green Pepper Soup
SANDWICH	Hot Turkey on Croissant with Hollandaise	Chicken Supreme on a Bun	BBQ on a Bun	The Bistro Will Be Open 9 am to 5 pm	Tuna Melt
DESSERT	Marble Cake with Frosting	Fresh Melon	Shirley Temple Poke Cake	o pili	Dirt Cup





# Wausau Campus

Mount View Care Center LOT B Parking Lot

11 am - 1:30 pm

Third Thursdays of the Month

**Next Visit: July 25** 

**Food Truck** Announcement to Come!

Please note: Food trucks are independently operated and may cancel with little notice. We apologize for any inconvenience.







NOW OPEN 7 DAYS A WEEK! | WEEKDAYS 7:30AM - 3PM | WEEKENDS: 9:30AM - 5PM

THE BISTRO WILL BE CLOSED ON WEEKENDS FROM 1-1:30PM TO ACCOMODATE STAFF BREAKS \*HOT FOOD IS AVAILABLE AT THE BISTRO DAILY UNTIL 2:30PM \*



# Meatloaf Panini

MEATLOAF | CHEDDAR CHEESE | ONIONS | KETCHUP SAUCE





**\$1 OFF LARGE LATTES EVERY MONDAY!** 

\*Please note: All sales subject to Sales Tax.

# Ice Cream

ICE CREAM CONE ......1.50 ICE CREAM SUNDAE ......2.25



# - build your own -**BREAKFAST SANDWICH**

EGG + CHEESE ...... 3.00 EGG, MEAT + CHEESE .........4.00

#### PICK YOUR BREAD

CROISSANT| BAGEL **ENGLISH MUFFIN** 

#### PICK YOUR MEAT

HAM | SAUSAGE | BACON